

 **Fish** 满 家乐海鲜饭店
Market Mont Kiara

 鱼市场餐厅
FISH MARKET RESTAURANT

【鱼市场】

FISH MARKET ALA CARTE MENU





餐前小吃

APPETIZER

法式绿汁鹅肝

Pan-fried Foie Gras with Mint Sauce
in French Style

RM58

Per Portion

冰菜烟鸭胸肉

Chilled Iceplant with Smoked Duck
Breast Meat

RM58

Per Portion

咸蛋炸鱼皮

Deep-fried Fish Skin with Salted Egg

RM25

Per Portion

冰菜沙律

Chilled Iceplant with Mixed Salad Vege

RM48

Per Portion

椒盐炸鱼皮

Deep-fried Fish Skin with Salt & Pepper

RM25

Per Portion

麻辣牛肚

Marinated Beef Tripe with Jelly Fish &
Szechuan Spicy Sauce

RM38

Per Portion

椒盐炸茄子

Deep-fried Eggplant with Salt & Pepper

RM25

Per Portion

咸蛋炸苏东

Deep-fried Squid with Salted Egg

RM35

Per Portion

霹雳羊角豆

Marinated Lady Finger with Chili &
Lime Sauce

RM25

Per Portion

椒盐炸苏东

Deep-fried Squid with Salt & Pepper

RM35

Per Portion

椒盐炸白饭鱼

Deep-fried White Bait with Salt & Pepper

RM25

Per Portion

烟熏鸭胸肉

Smoked Duck Breast Meat

RM30

Per Portion

咸蛋炸白饭鱼

Deep-fried White Bait with Salted Egg

RM20

Per Portion

陈醋红蜇花拼麻辣鲜枝竹

Marinated Jelly Fish with Vinegar Mixed
Szechuan Spicy Beancurd Stick

RM25

Per Portion

炸馒头

Deep-fried Plain Bun

RM 7

Per Portion

蒸馒头

Steamed Plain Bun

RM 7

Per Portion

法式绿汁鹅肝

Pan-fried Foie Gras with
Mint Sauce in French Style

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鱼翅 | 羹 | 汤类

SHARK FIN SOUP / DOUBLE BOILED SOUP

虫草花花胶炖走地鸡汤

Double-boiled Village Chicken Soup with Fish Maw & Cordyceps Flower

RM188

Per Portion

红螺茶树菇干贝鲍鱼炖鸡汤

Double-boiled Village Chicken Soup with Dried Scallop & Abalone

RM188

Per Portion

红螺花菇走地鸡炖沙鱼骨汤

Double-boiled Shark's Bone Cartilage Soup with Village Chicken, Conch & Mushroom

RM138

Per Portion

干贝带子烩金钱翅

Braised Superior Shark's Fin Soup with Scallops & Dried Scallops

RM 68

Per Portion

桂花炒鱼翅

Sauteed-fried Shark's Fin & Eggs

RM 58

Per Portion

蟹皇鱼翅 (每盅)

Braised Shark's Fin Soup with Crab Meat

RM 38

Per Portion

海鲜豆腐羹 (每盅)

Seafood Tofu Beancurd Thick Soup

RM 28

Per Portion

四川酸辣羹 (每盅)

Sichuan Hot & Sour Thick Soup

RM 28

Per Portion

鲍鱼

ABALONE

蠔皇鲍鱼花胶伴香酒煎鹅肝

Braised Abalone & Fish Maw with Grilled Foie Gras in Wine Sauce

RM168

Per Portion

蠔皇鲍扣海参花菇伴海参

Braised Abalone & Sea Cucumber with Mushroom & Vege

RM 88

Per Portion

蠔皇鲍鱼花菇伴翡翠

Braised Abalone with Mushroom & Vege

RM 68

Per Portion



蠔皇鲍鱼花菇伴翡翠

Braised Abalone with Mushroom & Vege

海味

DRIED SEAFOOD

迷你贡品鲍鱼佛跳墙 (每盅)

Double-boiled Dried Seafood "Buddha's Temptation"
Supreme Soup

时价

Per Portion

海味煲

Braised Dried Seafood Treasure in Claypot

RM198

Per Portion

铁板蒜香炒海参

Sizzling Sea Cucumber with Garlic

RM 88

Per Portion



海味煲

Braised Dried Seafood Treasure in Claypot

鲜鱼

FRESH FISH

时价

Seasonal Price

笋壳鱼

Soon Hock Fish

多宝鱼

Turbot Fish

龙虎斑

Tiger Grouper Fish

东星斑

Dong Xing Fish

泰星斑

Tai Xing Fish

西星斑

Xi Xing Fish

苏眉

"Soo Mei"
Napoleon Fish

老鼠斑

Humbuck
Grouper Fish

鳕鱼

Cod Fish

烹调法

Cooking Method

港式清蒸

Steamed in Superior
Soy Sauce

豆豉汁蒸

Steamed in Black
Bean Sauce

陈皮豉汁蒸

Steamed Tangerine
Peel with Black
Bean Sauce

蒜茸胜瓜蒸

Steamed Garlic &
Angled Luffa

亚参蒸

Steamed with
Assam Sauce

青柠檬汁蒸

Steamed with
Lime Sauce

金银蒜冬粉蒸

Steamed with
Vermicelli & Garlic

手拍姜蓉蒸

Steamed with
Minced Ginger

凉瓜竹枝焖

Braised with Bitter
Melon & Beancurd
Stick

糖醋炒

Stir-fried with
Sweet & Sour
Sauce

麒麟蒸

Steamed with
Mushroom & Ham

鲜竹枝焖

Braised with
Beancurd Stick

新派椒盐

Deep-fried with
Salt & Pepper

上海水煮

Boiled in
Shanghai Style

油炸三色椒

Deep-fried with
Capsicum

堂灼刺身

Steamboat
Sashimi Style

波浪蒸

Steamed Sliced
Fish with Soy Sauce

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价格以当日市场价格为准 The price follows the market price of the day.

海鲜烹调法

SEAFOOD COOKING METHOD

招牌咸蛋炒

Sauteed-fried with Salted Egg

法式湿奶油

Sauteed-fried with Creamy Butter

新派椒盐

Sauteed with Pepper & Salt

芝士焗

Baked with Cheese & Minced Garlic

避风塘

Sauteed with Black Bean & Dried chili

古法豉油皇

Steamed with Soy Sauce

西式蛋丝

Western Style Egg Shreds

上汤白灼

Poached with Superior Soup

糖醋五柳

Deep-fried with Sweet & Sour Sauce

堂灼刺身

Steamboat Sashimi Style

蛋白蒸

Steamed Egg White

辣子酱

Chili Paste (Dry / Sauce)

蒜茸油盐焗

Baked with Garlic Oil & Salt

印尼咖喱

Cooked with Indonesian Style Curry

豉椒炒

Sauteed-fried with Black Bean Sauce & Chili

上汤焗

Baked with Superior Soup

蒜香爆

Stir-fried Garlic

生蚝

Oyster

生蚝 XL

Oyster XL

时价

Seasonal Price

生蚝 2XL

Oyster 2XL

时价

Seasonal Price

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贝类

SHELLFISH



沙白
White Clam

沙巴白沙白
Sabah White Clam

海瓜子
Clams

菲律宾花甲
Philippine Flower Clam



北海道扇贝
Hokkaido Scallops

法国扇贝
French Scallops

带子皇
Emperor Scallop





肉蟹

MUD CRAB

肉蟹2XL
Live Mud Crab 2XL

肉蟹4XL
Live Mud Crab 4XL

加洲象拔蚌
Californian Geoduck



海螺
Sea Snail



圣子皇 | 竹蛏
Bamboo Clam

虾类

PRAWN



澳洲龙虾
Australian Lobster

加拿大龙虾
Canadian Lobster

濼尿虾
Mantis Prawn



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大头虾
River Prawn



老虎虾
Tiger Prawn

鸡肉

POULTRY

吊烧三黄鸡 (预订)

Roasted Crispy Spring Chicken
(Pre-Order)

RM88 | RM168

Half

Whole

乌龙茶叶蜜汁鸡

Deep-fried Chicken with
Oolong Tea & Honey Sauce

RM35

Per Portion

杏花鸡 (预订)

Stuffed Chicken with Shrimp
Paste and Almond Flakes
(Pre-Order)

RM88 | RM168

Half

Whole

咸蛋鸡柳

Sauteed-fried Chicken
Slices with Salted Eggs

RM35

Per Portion

药材鸡

Steamed Herbal Chicken

RM60

Per Portion

金香鸡柳

Fried Chicken with Curry Leaves

RM35

Per Portion

雀巢泰山鸡柳

Deep-fried Salad Chicken
in the Basket

RM40

Per Portion

辣子鸡柳

Fried Chicken with
Special Chilli Sauce

RM35

Per Portion

咕佬鸡

Sweet & Sour Chicken

RM35

Per Portion

凉瓜炆鸡

Braised Chicken with
Bitter Gourd

RM35

Per Portion

麻油姜丝走地鸡

Braised Village Chicken with
Sesame Oil & Ginger Slices

RM35

Per Portion

梅菜焖鸡煲

Braised Chicken with
Preserved Vege in Claypot

RM35

Per Portion

绍兴酒云耳焖鸡煲

Braised Chicken with Black Fungus &
Chinese Wine

RM35

Per Portion

三杯鸡

Classic Taiwanese Chicken

RM35

Per Portion

脆皮虾酱炸鸡翅

Deep-fired Chicken Wing with
Shrimp Paste

RM35

Per Portion

咕佬鸡

Sweet & Sour
Chicken



金香鸡柳

Fried Chicken with
Curry Leaf



辣子鸡柳

Fried Chicken with
Special Chili Sauce



其他肉类

OTHER MEAT

新西兰乳羊肩骨

Grilled New Zealand Lamb
Shoulder with Red Wine Sauce

RM168

3 - 4 Person

脆皮香酥鸭

Deep-fried Crispy Duck in
Traditional Style

RM80 | RM160

Half

Whole

神奇牛杂煲

Braised Beef Tripe, Tendon & Oxtail
Served in Claypot

RM128

Per Portion

鹿肉

Venison Meat

RM58

Per Portion

- 豉椒炒 Sauteed Fried with Black Bean Sauce & Chili
- 黑椒炒 Sauteed Fried with Black Pepper Sauce
- XO酱炒 Sauteed Fried with XO Sauce
- 石板煎 Grilled Fried with Lava Stone
- 姜葱炒 Sauteed Fried with Ginger & Spring Onion

古法子姜鸭

Sauteed Duck with Ginger
Shoots in Traditional Style

RM38

Per Portion

牛梅肉

Beef Chunk Tender

RM38

Per Portion

- 豉椒炒 Sauteed Fried with Black Bean Sauce & Chili
- 黑椒炒 Sauteed Fried with Black Pepper Sauce
- XO酱炒 Sauteed Fried with XO Sauce
- 石板煎 Grilled Fried with Lava Stone
- 姜葱炒 Sauteed Fried with Ginger & Spring Onion

鸵鸟肉

Ostrich Meat

RM38

Per Portion

- 豉椒炒 Sauteed Fried with Black Bean Sauce & Chili
- 黑椒炒 Sauteed Fried with Black Pepper Sauce
- XO酱炒 Sauteed Fried with XO Sauce
- 石板煎 Grilled Fried with Lava Stone
- 姜葱炒 Sauteed Fried with Ginger & Spring Onion

纽西乳羊肩骨

*Grilled New Zealand Lamb
Shoulder with Red Wine Sauce*



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马来四大天王
*Stir-fried Fried Four Varieties
Vege with Belacan*



咖哩杂菜煲
*Braised Assorted Vege
with Curry in Claypot*



南乳家乡斋
*Stir-fried Assorted Vege
with Fermented Beancurd*

蔬菜

VEGETABLES

西兰花炒虾球

Stir-fried Broccoli with Shrimp

RM68

Per Portion

清炒姜汁芥兰

Stir-fried Kailan with
Ginger Sauce

RM28

Per Portion

芦笋炒虾球

Stir-fried Asparagus with Shrimp

RM68

Per Portion

马来四大天王

Stir-fried Fried Four Varieties
Vege with Belacan

RM28

Per Portion

湖珀芦笋野菌炒带子

Sauteed Fried Scallop with Mushroom &
Asparagus Top with Walnut

RM68

Per Portion

手拍文冬姜黄酒芥兰

Stir-fried Hk Kailan with Ginger
& Rice Wine

RM28

Per Portion

XO酱炒芦笋

Stir-fried Asparagus with XO Sauce

RM38

Per Portion

罗汉斋

Monk's Vegetable

RM28

Per Portion

老干妈酱牛肉炒芥兰

Stir-fried Kailan with Beef in Chili &
Black Bean Sauce

RM38

Per Portion

杏片福果小炒皇

Stir-fried Assorted Vege
Top with Almond Slices

RM28

Per Portion

干煸肉碎桂豆苗

Dry-fried French Bean with Minced Meat

RM28

Per Portion

南乳家乡斋

Stir-fried Assorted Vege with
Fermented Beancurd

RM28

Per Portion

二松芥兰

Fried Kailan in Two Varieties

RM28

Per Portion

咖哩杂菜煲

Braised Assorted Vege with
Curry in Claypot

RM28

Per Portion

上汤茼菜苗

Chinese Spinach in Superior Soup

RM28

Per Portion

咸蛋桂豆苗

Stir-fried French Bean with
Salted Egg

RM28

Per Portion

脆鱼豆干桂豆苗

Stir-fried French Bean with
Dried Beancurd

RM28

Per Portion

腐乳油麦

Braised Lettuce with
Fermented Beancurd

RM28

Per Portion

蟹味菇炒青龙菜

Fried Green Chives Vege with
Lion's Mane Mushroom

RM28

Per Portion

豆腐

BEANCURD

招牌风味竹炭豆腐

Signature Charcoal Homemade
Beancurd with Minced Meat in
Szechuan Sauce

RM38

Per Portion

胜瓜豆腐

Braised Beancurd with Luffa Gourd

RM28

Per Portion

椒盐豆腐

Deep-fried Beancurd with
Salt & Pepper

RM28

Per Portion

山水豆腐

Pan-fried Beancurd with
Superior Soy Sauce

RM28

Per Portion

豆根炆豆腐

Braised with Beancurd
Stick Skin

RM28

Per Portion

麻婆豆腐

"Ma Po" Beancurd

RM28

Per Portion

麻婆豆腐

"Ma Po" Beancurd



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胜瓜豆腐

*Braised Beancurd with
Luffa Gourd*



蛋类

EGG SELECTION

黑松露番茄滑蛋

Scramble Egg with Black Truffle & Tomato

RM28

Per Portion

三皇蒸水蛋

Steamed Three Treasures Egg

RM28

Per Portion

芙蓉蛋

Fried Scramble Egg

RM28

Per Portion

菜埔韭菜煎蛋

Pan-fried Egg with Preserved Raddish & Leek

RM28

Per Portion

凉瓜香菇煎蛋

Pan-fried Egg with Bitter Gourd & Mushrooms

RM28

Per Portion

虾仁煎蛋

Pan-fried Egg with Shrimp

RM28

Per Portion

大葱煎蛋

Pan-fried Egg with Onion Slices

RM28

Per Portion

虾仁煎蛋

Pan-fried Egg with Shrimp



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饭 | 面类

RICE & NOODLES

招牌龙虾捞饭

Chef's Signature Supreme Lobster Fried Rice

时价

Seasonal Price

招牌黑松露生虾伊府面

Chef's Signature Braised E-fu Noodle with Fresh Water Prawn & Black Truffle

时价

Seasonal Price

石戈鹅肝带子海皇焗饭

Baked Rice with Foie Gras & Scallop Served in Hot Stone Bowl

RM88

Per Portion

草虾米粉煲

Stir-fried Vermicelli with Tiger Prawn in Claypot

时价

Seasonal Price

北海道鱼子炒饭

Chef's Specialty Fried Rice Top with Caviar

RM35

Per Portion

肉蟹米粉煲

Stir-fried Vermicelli with Crab Meat in Claypot

时价

Seasonal Price

红烧蟹肉伊府面

Braised E-fu Noodle with Mushroom & Crab Meat

RM45

Per Portion

鱼露米粉

Stir-fried Vermicelli with Fish Sauce

RM28

Per Portion

长寿面

Longevity Noodles

RM28

Per Portion

招牌龙虾捞饭

Chef's Signature Supreme Lobster Fried Rice



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甜品

DESSERT

水果拼盤

Fruit Platter

RM20 | RM40 | RM60

Small

Medium

Large

水晶桂花糕

Osmanthus Crystal Jelly

RM20.00

Per Portion

椰子布丁

Coconut Pudding

RM18.00

Per Portion

寿桃包子 (6粒)

Mini Lotus Paste Birthday Bun (6 Pcs)

RM18.00

Per Portion

杨枝甘露

Mango Sago Dessert

RM16.80

Per Portion

Hot

Cold

桂圆红枣炖桃胶

Double-boiled Peach Gum with
Longan & Red Dates

RM13.80

Per Portion

花生糊

Peanut Sweet Paste Soup

RM12.80

Per Portion

窝饼

Chinese Pancake

RM12.00

Per Portion



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啤酒类

Beer

Big Per Bottle

虎牌啤酒

Tiger Beer

RM27.80

Per Bottle

健力士黑啤酒

Guinness Stout

RM29.80

Per Bottle

喜力啤酒

Heineken

RM32.80

Per Bottle



中国茶

Chinese Tea

茶王

King Tea

RM5

Per Person

RM6

VIP Room

自来茶

BYO Tea

RM2

Per Pax

菊普

Pu'er Chrysanthemum

RM5

Per Person

RM6

VIP Room

白开水

Plain Water

RM2

Per Glass

普洱

Pu'Er

RM5

Per Person

RM6

VIP Room

铁观音

Tie Guan Yin

RM5

Per Person

RM6

VIP Room

香片

Jasmine Tea

RM5

Per Person

RM6

VIP Room



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果汁

Fruit Juice



混合果汁

Mixed Fruits Juice

RM18.00

Per Glass

橙汁

Orange Juice

RM16.00

Per Glass

苹果汁

Apple Juice

RM16.00

Per Glass

西瓜汁

Watermelon Juice

RM16.00

Per Glass

胡萝卜汁

Carrot Juice

RM16.00

Per Glass

椰子水

Fresh Coconut Water

RM13.80

Per Pc

可乐

Coca Cola

RM5

Per Can

100号

100 Plus

RM5

Per Can

梳打水

Soda Water

RM5

Per Can

矿泉水

Mineral Water

RM6

Per Bottle 1.5L

汽水

Soft Drink



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 鱼市场餐厅
FISH MARKET RESTAURANT